



# **A 5-HT<sub>6</sub> antagonist in advanced development for the treatment of mild and moderate Alzheimer's disease: idalopirdine (Lu AE58054)**

**Congrès National des unités de soins, d'évaluation et de prise en charge Alzheimer**

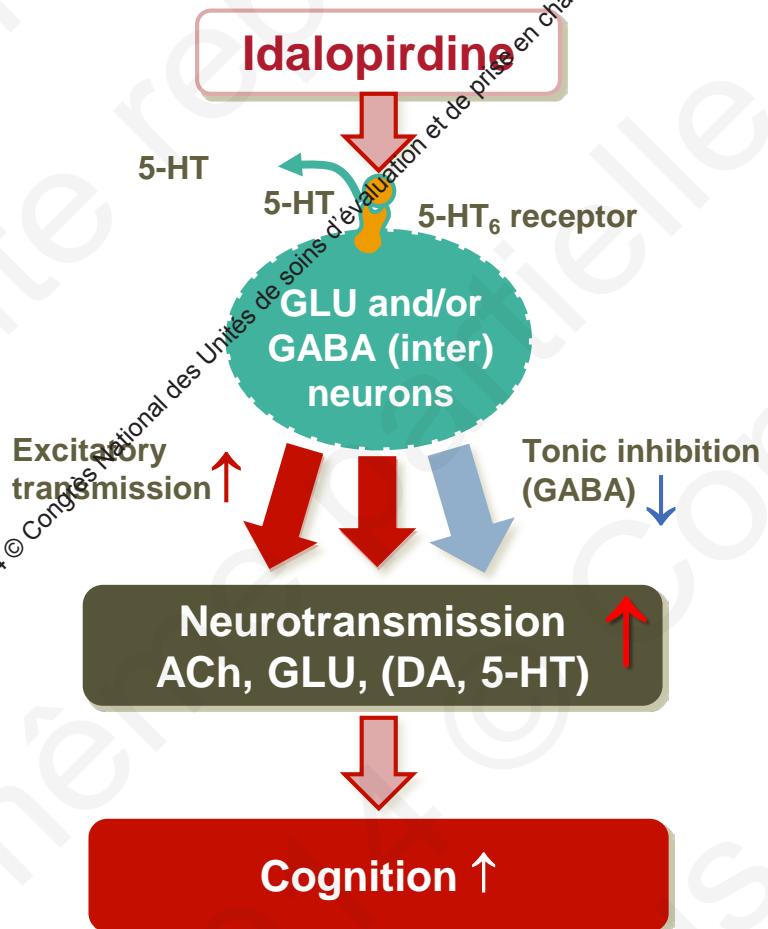
**11 - 12 décembre 2014 Issy-les-Moulineaux**

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## Overview

- Preclinical data and rationale for 5-HT<sub>6</sub> receptor antagonism via novel compound idalopirdine
- Results of idalopirdine (Lu AE58054) Phase II study in moderate Alzheimer's disease (AD)
- Overview of Phase III safety and efficacy program in mild and moderate AD

# Hypothesized MoA of idalopirdine



5-HT=serotonin; GABA=gamma aminobutyric acid;  
ACh=acetylcholine; DA=dopamine; MoA=mode of action

- In the frontal cortex and hippocampus of rats,  
5-HT<sub>6</sub> antagonism by idalopirdine:
- **Impacts multiple neurotransmitters**
    - Facilitation of cholinergic, glutamatergic and, likely, monoaminergic signaling
    - Suppression of GABAergic transmission
  - **Facilitates neuronal activity**
    - Induces, augments and prolongs cortical theta and gamma oscillations in association with donepezil
  - **Added effects in combination with donepezil**

# Idalopirdine Phase II study

## – objectives

### Primary objective

- To explore the effect of a fixed dose of idalopirdine (90 mg/day) on cognitive performance (ADAS-Cog) after 24 weeks, compared with placebo (parallel group design), in donepezil-treated patients with moderate AD

### Secondary objectives

- Safety and tolerability
- Efficacy outcomes including:
  - Global impression (ADCS-CGIC)
  - Activities of daily living (ADCS-ADL<sub>23</sub>)
  - Behavioral symptoms (NPI)

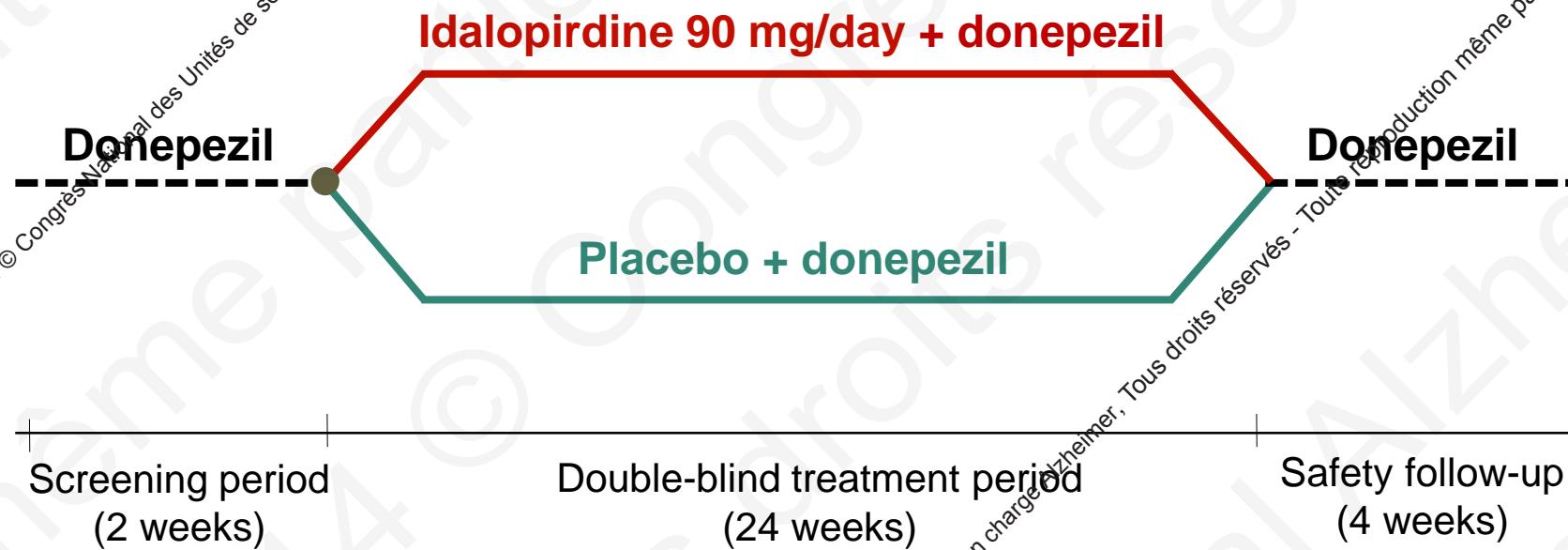
### Power/sample size objectives

- To detect a 2 point ADAS-Cog (primary measure) change from baseline at Week 24 for completers (based on MMRM analysis SD of 6, a withdrawal rate of 15%, p=0.05 (2-sided), with power of 72%) – need minimum of 135 patients in each treatment group
- Exploratory analysis of secondary measures

ADAS-Cog=Alzheimer's Disease Assessment Scale, cognitive subscale; ADCS-CGIC=Alzheimer's Disease Cooperative Study – Clinical Global Impression of Change; ADCS-ADL<sub>23</sub>=Alzheimer's Disease Cooperative Study – Activities of Daily Living, 23-item scale; MMRM=Mixed Model for Repeated Measures; NPI=Neuropsychiatric Inventory

# **Idalopirdine in Alzheimer's disease – Phase II study design**

- **Baseline/randomisation:** n=278
  - Patients with moderate AD (MMSE 12–19)
  - On stable donepezil treatment (10 mg/day)



## MMSE=Mini-Mental State Examination

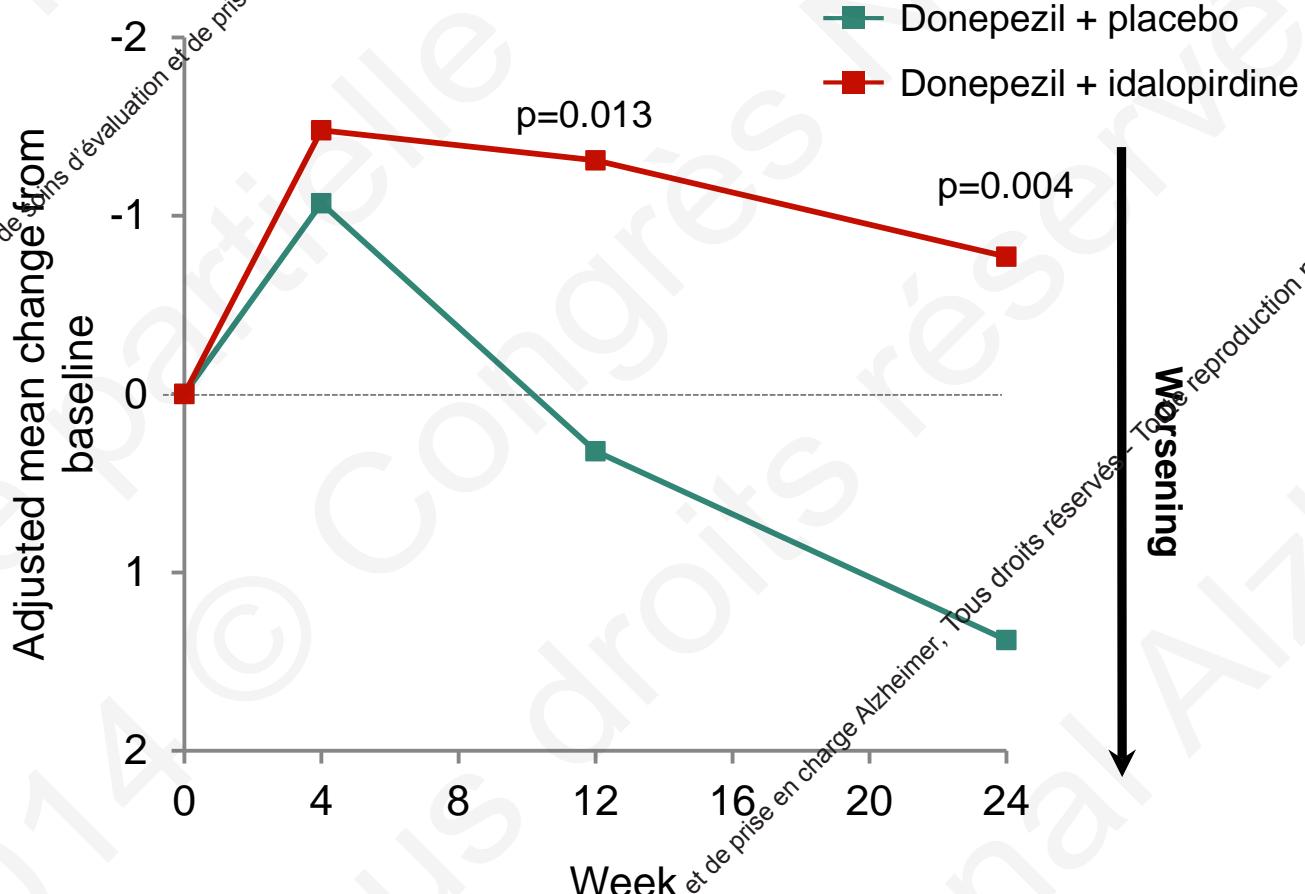
## Baseline characteristics

|   | Donepezil + placebo<br>(n=133) | Donepezil + idalopirdine<br>(n=145) |
|---|--------------------------------|-------------------------------------|
| Age, years <sup>a</sup>                       | 75 (7.2)                       | 74 (7.5)                            |
| Gender, % male                                | 33                             | 26                                  |
| Duration of AD, years <sup>a</sup>            | 2.2 (1.9)                      | 2.1 (1.8)                           |
| Duration of donepezil use, years <sup>a</sup> | 1.5 (1.6)                      | 1.4 (1.6)                           |
| MMSE <sup>b</sup>                             | 17 (16; 19)                    | 17 (15; 18)                         |
| ADAS-Cog <sup>b</sup>                         | 28 (20; 36)                    | 28 (21; 34)                         |

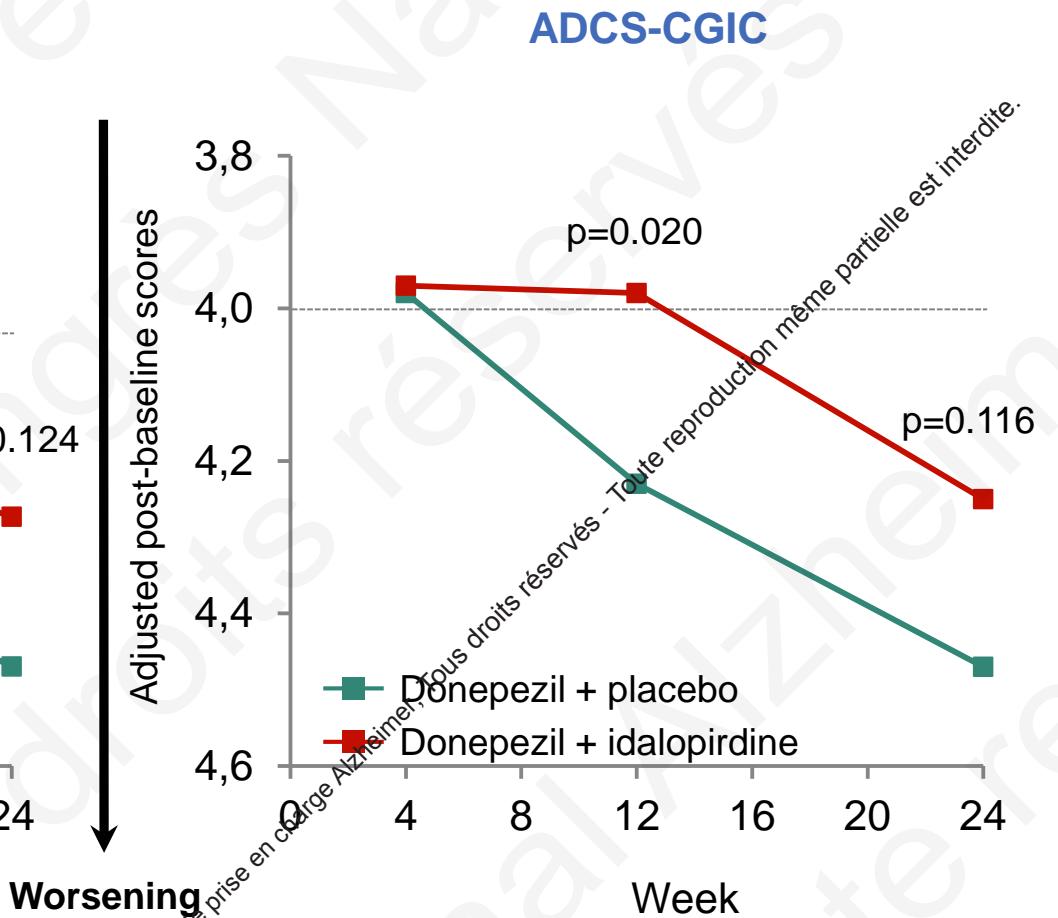
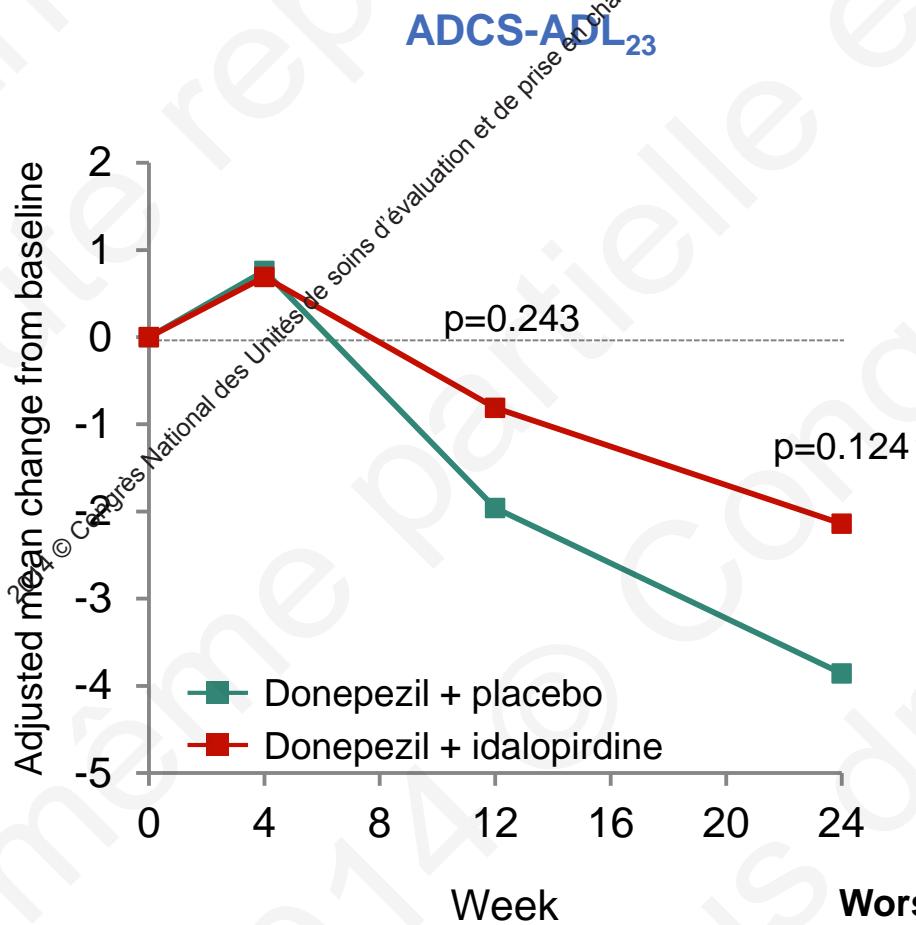
<sup>a</sup>Mean (SD); <sup>b</sup>Mean (25%; 75% percentile)

## Primary endpoint – cognition

ADAS-Cog



## Secondary endpoints → functional and global outcomes



## Safety

- Generally safe and well tolerated
- Comparable incidence of SAEs in the two treatment arms

### Safety – most common adverse events ( $\geq 5\%$ )

|                                      | No. patients (%)               |                                     |
|--------------------------------------|--------------------------------|-------------------------------------|
|                                      | Donepezil + placebo<br>(n=133) | Donepezil + idalopirdine<br>(n=145) |
| GGT increased                        | 2 (2)                          | 14 (10)                             |
| ALAT increased                       | 0 (0)                          | 9 (6)                               |
| Diarrhea                             | 9 (7)                          | 6 (4)                               |
| Fall                                 | 8 (6)                          | 3 (2)                               |
| Urinary tract infection              | 9 (7)                          | 3 (2)                               |
| Benign prostatic hyperplasia (% men) | 0 (0)                          | 2 (5)                               |

ALAT=alanine aminotransferase;

GGT=gamma-glutamyltransferase; SAE=serious adverse event

Wilkinson et al. Lancet Neurology 2014;13(11):1092–1099



# A Phase III efficacy and safety and clinical trial program of the selective 5-HT<sub>6</sub> antagonist, idalopirdine, in mild and moderate Alzheimer's disease

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# **Idalopirdine Phase III safety & efficacy program**

- In mild and moderate AD (MMSE 12–22)
- As add-on to any ChEI (not just donepezil – in one study)
- Lower dosing than Phase II

# Phase III program – Lundbeck & Otsuka Clinical development plan (ongoing trials)

**Treatment population: mild to moderate AD (MMSE = 12–22)**

| Study                             | Doses/<br>comparator              | Background<br>treatment | Treatment<br>duration | Total<br>population | Key efficacy<br>endpoints |
|-----------------------------------|-----------------------------------|-------------------------|-----------------------|---------------------|---------------------------|
| 14861A<br>RCT<br><b>STARSHINE</b> | 30 mg/day<br>60 mg/day<br>Placebo | Donepezil               | 24 weeks              | 930 (310/arm)       | ADAS-Cog, ADL,<br>CGIC    |

The diagram illustrates the study timeline for STARSHINE. It begins with a 'Screening' period, followed by a 'Baseline' point. The 'Double-blind treatment period (24 weeks)' follows, during which participants are assigned to one of three groups: 'Donepezil' (black dashed line), 'Idalopirdine 60 mg/day + donepezil' (red line), or 'Idalopirdine 30 mg/day + donepezil' (green line). All groups receive 'Placebo + donepezil' (teal line) until the start of the double-blind period. After the 24-week mark, the trial ends at 'Completion'. A total of N=930 participants are shown. An arrow points from the 'Donepezil' group to the 'Baseline' point.

RCT=randomised, controlled trial;

CGIC=Clinical Global Impression of Change; ADL=Activities of Daily Living

ClinicalTrials.gov; Study identifiers:

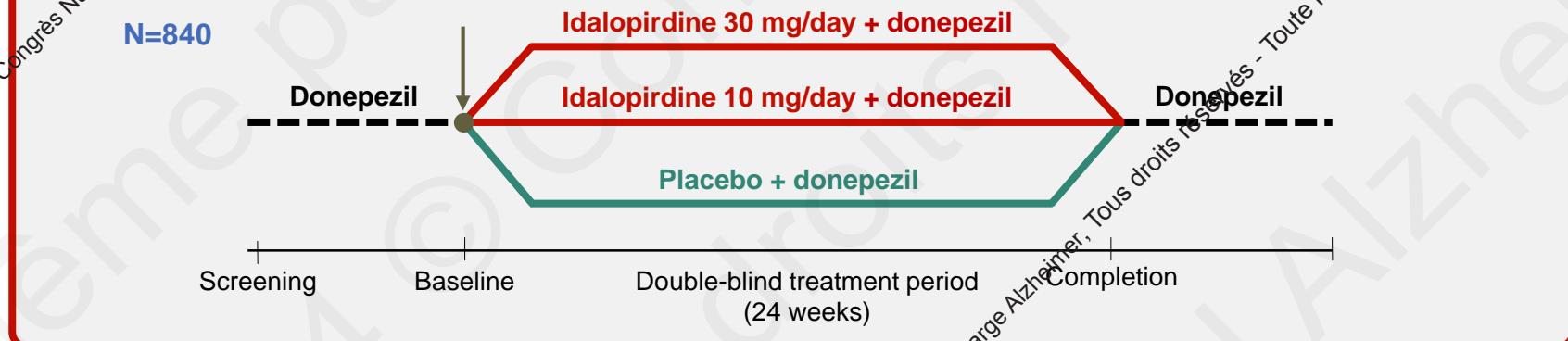
NCT02006641; NCT01955161; NCT02006654

# Phase III program – Lundbeck & Otsuka Clinical development plan (ongoing trials)

**Treatment population: mild to moderate AD (MMSE = 12–22)**

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|-----------------------------------|-----------------------------------|-------------------------|-----------------------|---------------------|---------------------------|
| 14861A<br>RCT<br><b>STARSHINE</b> | 30 mg/day<br>60 mg/day<br>Placebo | Donepezil               | 24 weeks              | 930 (310/arm)       | ADAS-Cog, ADL,<br>CGIC    |

|                                  |                                   |           |          |               |                        |
|----------------------------------|-----------------------------------|-----------|----------|---------------|------------------------|
| 14862A<br>RCT<br><b>STARBEAM</b> | 10 mg/day<br>30 mg/day<br>Placebo | Donepezil | 24 weeks | 840 (280/arm) | ADAS-Cog, ADL,<br>CGIC |
|----------------------------------|-----------------------------------|-----------|----------|---------------|------------------------|



RCT=randomised, controlled trial;

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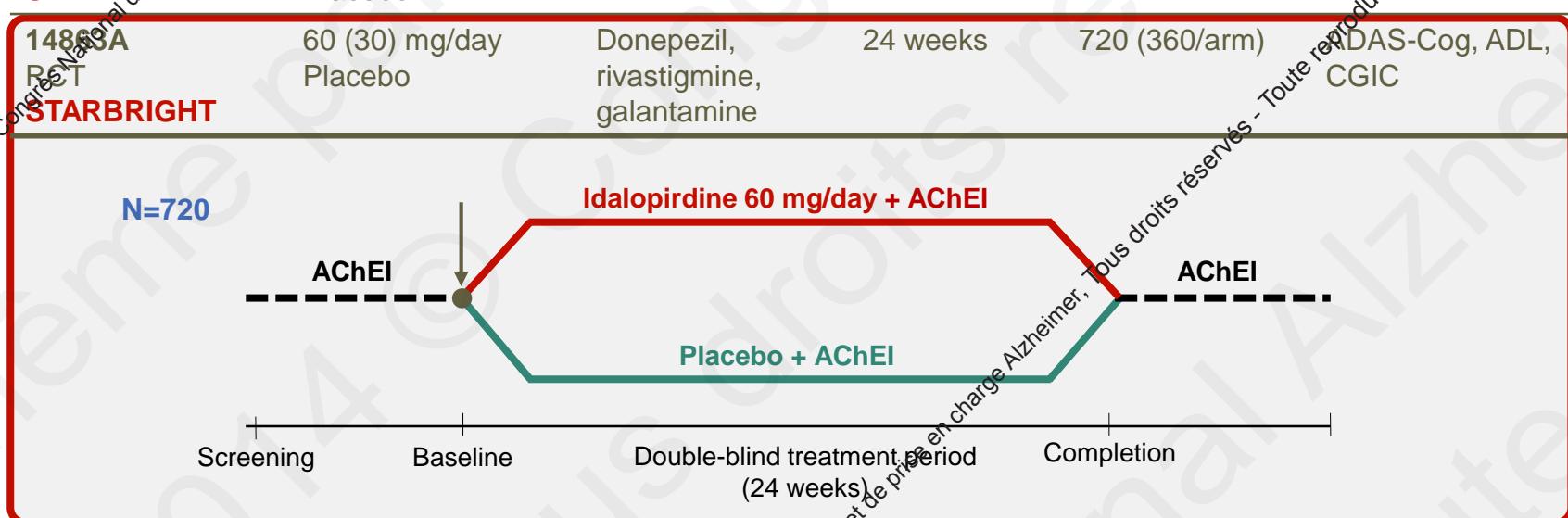
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| Study                              | Doses/<br>comparator              | Background<br>treatment                    | Treatment<br>duration | Total<br>population | Key efficacy<br>endpoints |
|------------------------------------|-----------------------------------|--|-----------------------|---------------------|---------------------------|
| 14861A<br>RCT<br><b>STARSHINE</b>  | 30 mg/day<br>60 mg/day<br>Placebo | Donepezil                                  | 24 weeks              | 930 (310/arm)       | ADAS-Cog, ADL,<br>CGIC    |
| 14862A<br>RCT<br><b>STARBEAM</b>   | 10 mg/day<br>30 mg/day<br>Placebo | Donepezil                                  | 24 weeks              | 840 (280/arm)       | ADAS-Cog, ADL,<br>CGIC    |
| 14863A<br>RCT<br><b>STARBRIGHT</b> | 60 (30) mg/day<br>Placebo         | Donepezil,<br>rivastigmine,<br>galantamine | 24 weeks              | 720 (360/arm)       | ADAS-Cog, ADL,<br>CGIC    |



AChEI=acetylcholinesterase inhibitor; RCT=randomised, controlled trial;  
CGIC=Clinical Global Impression of Change; ADL=Activities of Daily Living

ClinicalTrials.gov; Study identifiers:  
NCT02006641; NCT01955161; NCT02006654

# Phase III program – Lundbeck & Otsuka Clinical development plan (ongoing trials)

**Treatment population: mild to moderate AD (MMSE = 12–22)**

| Study                                       | Doses, comparator                 | Background treatment                       | Treatment duration | Total population | Key efficacy endpoints |
|---|-----------------------------------|--|--------------------|------------------|------------------------|
| 14861A<br>RCT<br><b>STARSHINE</b>           | 80 mg/day<br>60 mg/day<br>Placebo | Donepezil                                  | 24 weeks           | 930<br>(310/arm) | ADAS-Cog,<br>ADL, CGIC |
| 14862A<br>RCT<br><b>STARBEAM</b>            | 10 mg/day<br>30 mg/day<br>Placebo | Donepezil                                  | 24 weeks           | 840<br>(280/arm) | ADAS-Cog,<br>ADL, CGIC |
| 14863A<br>RCT<br><b>STARBRIGHT</b>          | 60 (30) mg/day<br>Placebo         | Donepezil,<br>rivastigmine,<br>galantamine | 24 weeks           | 720<br>(360/arm) | ADAS-Cog,<br>ADL, CGIC |
| 14861B<br>Open-label extension <sup>a</sup> | 60 (30) mg/day                    | Donepezil                                  | 28 weeks           | Up to 1,770      | ADAS-Cog,<br>ADL, CGIC |

<sup>a</sup>Extension of 14861A, and 14862A; RCT=randomised, controlled trial;  
CGIC=Clinical Global Impression of Change; ADL=Activities of Daily Living

# Conclusion

- 5-HT<sub>6</sub> receptor antagonism represents a novel approach to the treatment of AD that likely affects several neurotransmitter systems (ACh, glutamate, dopamine, GABA), and networks that support cognition, function and behavior
- In Phase II, idalopirdine (Lu AE58054), when administered as adjunctive treatment to donepezil in patients with moderate AD, over 24 weeks:
  - Improved cognition
  - Showed trends toward ameliorating decline in function (ADL) and global clinical status/clinically meaningful change (CGIC)
  - Was generally safe and well tolerated
- A large Phase III program in mild–moderate AD is ongoing to confirm and further elucidate the beneficial effects and safety profile of idalopirdine

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